

# CONNECTION BINGO

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Play a board game or cards together	Read a book together	Dance your heart out together	learn something new or take a course online together	Send a kind hearted email
Exercise and /or do fitness challenges together	Sing and/ or do karaoke together	Laugh uncontrollably together for at least 1 minute straight	Cook and/or Eat together	Meditate together
Have an upbeat video call	Have fun, playful time together (get creative ;)	<b>FREE BINGO CONNECTION</b>	Share something intimate and vulnerable about yourself with someone who is deserving to hear it	Write a poem for someone and share it with them
Let someone know how much you appreciate and are grateful for them	Share your grand life vision with someone who is deserving to hear it	Let someone know how much you love and care for them	Stare into someone's eyes and send them telepathic messages of love for at least 3 minutes	Create 5 jokes each, and then share them with each other! ... And hopefully LAUGH!
Make a caring phone call	Send a text, message or audio recording to a good friend or family	Do arts & crafts, painting or create a "vision board" together	Take a relaxing bubble bath together	Make and send an E-Card to someone